The best day of your life is the one on which you decide your life is your own. No apologies or excuses. No one to lean on, rely on, or blame.

Bob Moawad

Have I taken full responsibility for my life?
Have I accepted that there are never any good excuses?

I attribute my success to this: I never gave or took an excuse.

Florence Nightingale

Excuses change nothing, but make everyone feel better.

Mason Cooley

The person who really wants to do something finds a way; the other person finds an excuse.

Unknown

At the end of the day, let there be no excuses, no explanations, no regrets.

Steve Maraboli

People spend too much time finding other people to blame, too much energy finding excuses for not being what they are capable of being, and not enough energy putting themselves on the line, growing out of the past, and getting on with their lives.

J. Michael Straczynski

Make No Excuses

Things are the way they are.
Live with it.
Accept it.

Make or Better

Ali Frazo

Maybe you don’t like your job, maybe you didn’t get enough sleep, well nobody likes their job, nobody gets enough sleep. Maybe you just had the worst day of your life, but you know... there’s no excuse.

Excuses are the tools with which persons with no purpose in view build for themselves great monuments of nothing.

Steve Grayhm

Excuses are not used.

Success is a tale of obstacles overcome, and for every obstacle overcome, an excuse not used.

Robert Brault

It is wise to direct your anger towards problems - not people, to focus your energies on answers - not excuses.

William Arthur Ward

What problem am I facing?

How could I solve this problem?

Where could I find answers?

Who could help me?

How are my excuses hindering my progress?

Nothing is impossible; there are ways that lead to everything... It is often merely an excuse that we say things are impossible.

Francois De La Rochefoucauld

Never ruin an apology with an excuse.

Kimberly Johnson

The only thing standing between you and your goal is the bullshit story you keep telling yourself as to why you can’t achieve it.

Jordan Belfort

What excuses am I making?
What stories am I telling myself?

How is this sabotaging my progress?

Jordan Belfort

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